MARTIAL ARTS WAY CALENDAR - OCTOBER 2025 SENSEI FRANK GAVIOLA & SENSEI LENORE GAVIOLA

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WEBSITE: WWW.MARTIALARTSWAY.COM 916 718-8263 OR 712-8440 FACEBOOK: TAI CHI AND KARATE WITH MARTIAL ARTS WAY

| Sunday/Monday | Tuesday | Wednesd ay | Thursday | Friday | Saturday |
|--------------------------------------|--|---------------|--|-----------|--|
| | | 1 | 6:00 to 7:15 PM <u>2</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>3</u> | 8:30 to 9:15 Tai Chi <u>4</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
| Sunday <u>5</u> Monday <u>6</u> | 6:00 to 7:15 PM Youth Karate & Jujitsu | <u>8</u> | 6:00 to 7:15 PM <u>9</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>10</u> | 8:30 to 9:15 Tai Chi <u>11</u> 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
| Sunday <u>12</u> Monday <u>13</u> | 6:00 to 7:15 PM Youth Karate & Jujitsu | <u>15</u> | 6:00 to 7:15 PM <u>16</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>17</u> | EXAM FEES DUE TODAY 18 8:30 Tai Chi 9:30 to 10:15 Youth Karate 10:30 to 11:15 Adult Karate 11:30 to 12:15 Kobudo |
| Sunday <u>19</u> Monday <u>20</u> | 6:00 to 7:15 PM Youth Karate & Jujitsu | <u>22</u> | 6:00 to 7:15 PM <u>23</u> Adult Karate 7:20 to 7:45 PM Kobudo | <u>24</u> | KARATE & JUJITSU EXAM 25 Start Time 9:30 AM After Exam, Group Lunch Happy Garden Reserve Spot(s) with Sensei by October 18th |
| Sunday <u>26</u> Monday <u>27</u> | 6:00 to 7:15 PM Youth Karate & Jujitsu | <u>29</u> | 6:00 to 7:15 PM 30 Adult Karate 7:20 to 7:45 PM Kobudo | 31 | NOTES FOR THE EXAMINEES *Gi must be clean & ironed *Wear white shirt under gi top. *Get plenty of sleep the nite before *Make sure to eat healthy breakfast *Arrive for Exam 15 minutes early |