

MARTIAL ARTS WAY CALENDAR – AUGUST 2021
SENSEI FRANK GAVIOLA & SENSEI LENORE GAVIOLA
8958 ELK GROVE BOULEVARD, SUITE 105, ELK GROVE, CA 95624
MAILING ADDRESS: PO BOX 284, ELK GROVE, CA 95759

916 718-8263 423-2913 712-8440 FACEBOOK: MARTIAL ARTS WAY WEBSITE: WWW.MARTIALARTSWAY.COM

Sunday/Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Sunday <u>1</u></i> <i>Monday <u>2</u></i>	<i>3</i> 5:30 Youth Karate 6:30 Youth Karate	<i>4</i>	<i>5</i> 5:30 Adult Karate 6:30 Adult Karate	<i>6</i>	8:30 Tai Chi <i>7</i> 9:30 Youth Karate 10:30 Adult Karate 11:30 Advanced
<i>Sunday <u>8</u></i> <i>Monday <u>9</u></i>	<i>10</i> 5:30 Youth Karate 6:30 Youth Karate	<i>11</i>	<i>12</i> 5:30 Adult Karate 6:30 Adult Karate	<i>13</i>	8:30 Tai Chi <i>14</i> 9:30 Youth Karate 10:30 Adult Karate 11:30 Advanced
<i>Sunday <u>15</u></i> <i>Monday <u>16</u></i>	<i>17</i> 5:30 Youth Karate 6:30 Youth Karate	<i>18</i>	<i>19</i> 5:30 Adult Karate 6:30 Adult Karate	<i>20</i>	8:30 Tai Chi <i>21</i> 9:30 Youth Karate 10:30 Adult Karate 11:30 Advanced
<i>Sunday <u>22</u></i> <i>Monday <u>23</u></i>	<i>24</i> 5:30 Youth Karate 6:30 Youth Karate	<i>25</i>	<i>26</i> 5:30 Adult Karate 6:30 Adult Karate	<i>27</i>	8:30 Tai Chi <i>28</i> 9:30 Youth Karate 10:30 Adult Karate 11:30 Advanced
<i>Sunday <u>29</u></i> <i>Monday <u>30</u></i>	<i>31</i> 5:30 Youth Karate 6:30 Youth Karate		<i>Karate Students/Parents have been contacted regarding your days & times for your scheduled training which starts August 1st, if not, contact Sensei</i>		<i><u>COVID Variant Protocol</u> Regardless of your vaccination status all dojo students & visitors to the dojo MUST WEAR MASK Students wash hands before and after class Keep distance as much as possible</i>

